



# Get Active on Your Own Terms with FitOn!



An innovative wellness benefit made available to you through Aetna.

## What is FitOn?

**FitOn** allows you to take classes at local fitness studios and gyms by using your FitOn credits.

**This digital currency** lets you warrior pose, jab, or burpee your way to health!\*

## FAQ's

**What does it cost me to use FitOn?**  
**Nothing!** Your employer is taking care of you and paying for your credits.

**How do my credits renew?**  
Your credits automatically reload with new credits on the first of each month.

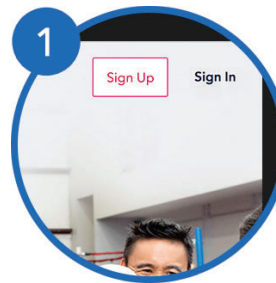
**I ran out of credits for the month, but want to keep going. Can I purchase credits on my own?**

**Yes!** Purchase credits through your FitOn dashboard. Once you run out of credits, if you try to reserve a class, you will be prompted to enter payment information.

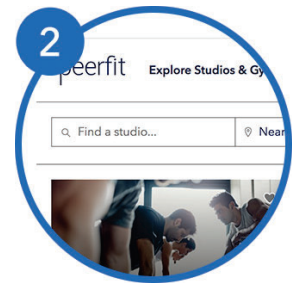
**When can I sign up?**  
**Anytime!** No need to wait for open enrollment or benefits fairs.

**Can I suggest a studio?**  
**Yes!** Go to: [fitonhealth.com/request](https://fitonhealth.com/request)

## How It Works



**Create Your FitOn Account**



**Choose a Studio or Gym**

Click **Sign Up** on [fitonhealth.com/](https://fitonhealth.com/) or sign up via our **mobile app**  
\*Use your **email** to sign up, and look for the **verification link** in your inbox.



**Reserve a Class**  
or use a **Day Pass** instead!



**Show Up & Work Out**

Visit [fitonhealth.com/members](https://fitonhealth.com/members) for more info, or [fitonhealth.com/help](https://fitonhealth.com/help) for questions.