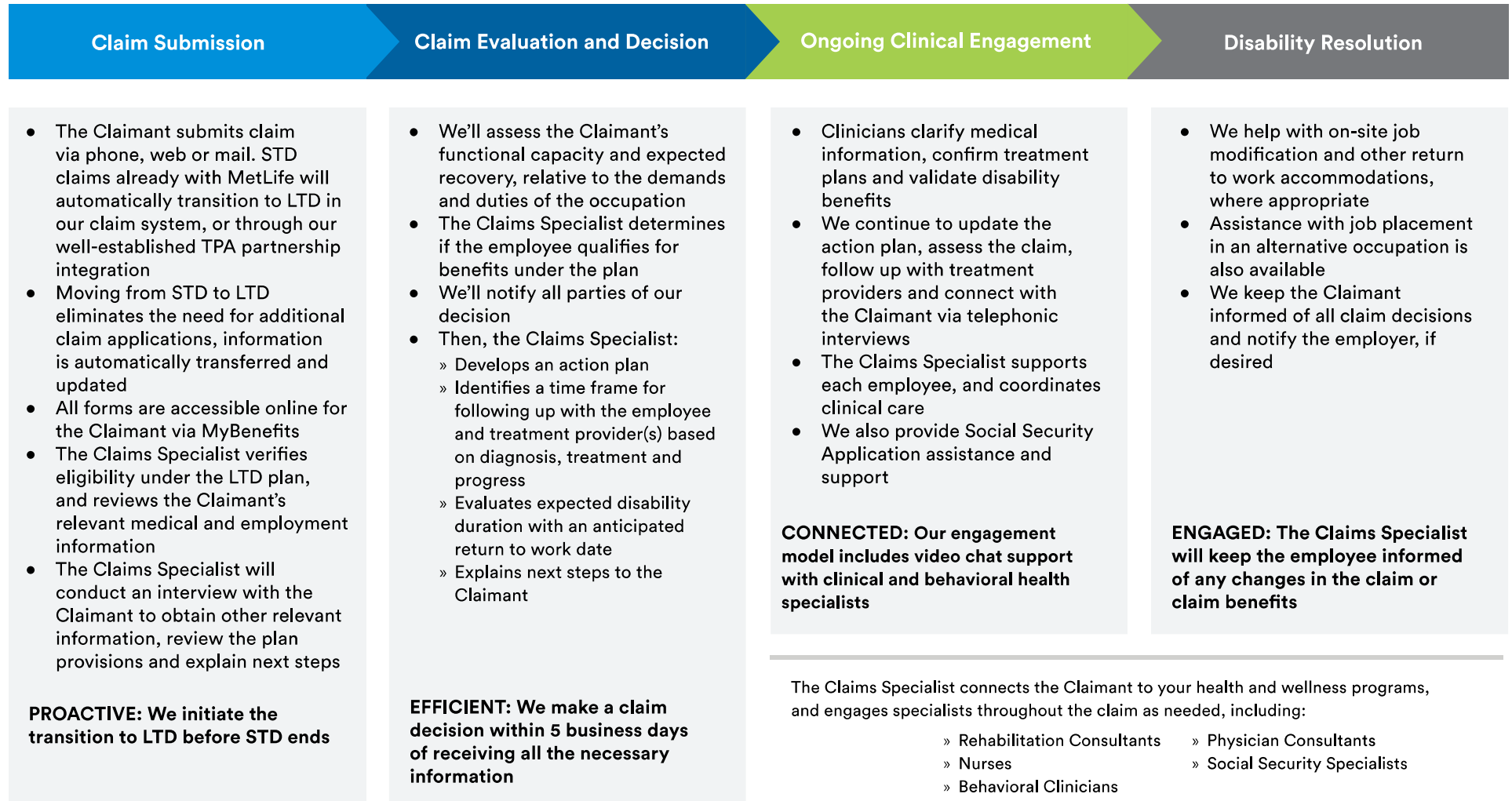


Guidance every step of the way

We support you and your employees through our seamless transition to Long Term Disability, with customer-focused solutions, experienced professionals and exceptional service.



The Claims Specialist connects the Claimant to your health and wellness programs, and engages specialists throughout the claim as needed, including:

- » Rehabilitation Consultants
- » Nurses
- » Behavioral Clinicians
- » Physician Consultants
- » Social Security Specialists

An optimized online experience

Our online resources are designed to provide you and your employees with self-service support that keeps everyone informed, involved and engaged.

For You

Employers can use MyBenefits or MetLink to:

- Submit claims online
- Obtain real-time claim status and details
- Create custom reports
- Update information and add comments to existing claims

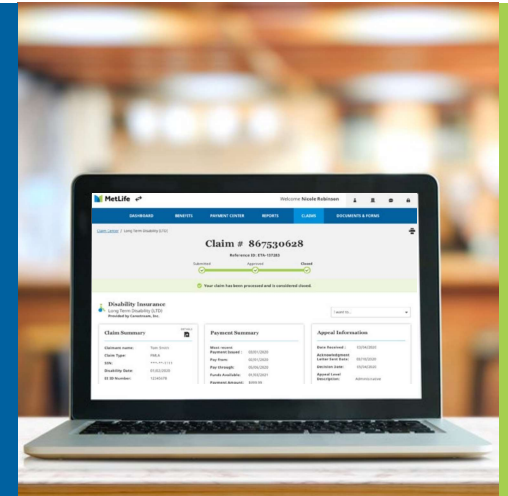
Employers can submit a claim for an employee on MyBenefits and manage their workforce.

For Your Employees

Employees can use MyBenefits and the MetLife MobileApp to:

- Submit a claim*
- Authorize an Electronic Funds Transfer
- Submit medical authorization
- Submit medical information and comments
- Review real-time claim status
- Access educational videos

* not available through the mobile app



Get expert guidance for confident decisions.

Contact your MetLife representative today.

[metlife.com](https://www.metlife.com)

The specific timing of events on each claim is driven by many factors including plan design, the disabling condition, the claimant's occupation and more. Claim submission methods may vary by product and customer size. Metropolitan Life Insurance Company, New York, NY.

Like most group disability insurance policies, MetLife's policies contain certain exclusions, exceptions, waiting periods, reductions, limitations and terms for keeping them in force. Ask your representative about costs and complete details.



Metropolitan Life Insurance Company | 200 Park Avenue | New York, NY 10166
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